Reducing sickness absence costs

Musculoskeletal disorders are one of the most common causes of sickness absence in the UK. Preventative ergonomics services such as workplace assessments, DSE and workstation assessments, and manual handling training; as well as workplace physiotherapy to treat work-related MSDs are essential, cost-effective tools that should be included in any organisation’s absence management strategy.

Our ergonomics services include:
- DSE workstation assessments
- Musculoskeletal risk assessments
- Manual handling risk management
- Workplace assessments
- Clinical ergonomics assessments (including return to work)
- Advice on accommodation of workers with disabilities
- Vehicle assessments
- Home-worker assessments
- DSE pregnancy risk assessments
- Workplace and equipment design
- Training: e.g. moving & handling (including patient handling), laptop user training, injury prevention

Specialists in workstation assessment

Unlike many workstation assessment providers, we offer specially-trained physiotherapists to carry out assessments for our clients. We offer a range of assessments, from those aimed purely at complying with HSE DSE legislation, to clinical complex assessments for employees suffering from MSDs or disabilities.

Support to suit you

Our nationwide ergonomics team has experience working with a wide range of organisations and industry sectors, working seamlessly alongside departments such as occupational health and personnel when required.

We can either provide ad-hoc ergonomics support or run a full time clinic at your premises. Our on-site clinics are designed to integrate with any existing OH or Health and Safety teams and can cover part or all of your ergonomics requirements. Proactive strategies such as floor-walks can be incorporated into your ergonomics programme: our specialist physios assess employees as they work to identify and address any potential issues.

Rehabilitation

Referrals to physiotherapy can be requested, and progress monitored, via our online case management system, Meditrak. We have chartered physiotherapists within 10 miles of the home or workplace of 85% of the UK population; and within less than 5 miles in most cases. Our workplace physiotherapists also run in-house clinics offering convenient, regular access to treatment for your employees: speeding up recovery and underlining your organisation’s commitment to employee wellbeing.

Contact us

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